

PADS FOR SLUMS AT MOTHERLAND SLUMS 2ND & 3RD Edition. #Pads4Slums

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TO ALL

Introduction

On May 28th each year, it is Menstrual Hygiene Day which rallies in raising awareness about menstrual health across the world. This year theme is ‘Action and Investment in Menstrual Hygiene and Health.’ Approximately 800 million women and girls are having their period right now, yet across the globe, they face barriers to properly manage them. This calls for a world free of period poverty and stigma and recommits to building that future through urgent investment and a call for action. The subject of menstruation is still something that is considered taboo and shameful that we need to help break the silence, raise awareness, eradicate period poverty, and change negative social norms surrounding menstrual hygiene so that women and girls feel empowered to manage their periods hygienically with confidence.

The COVID-19 pandemic has exposed menstrual inequities which continues to deepen across the globe. The measures imposed as a response to the pandemic in Kenya have resulted in economic stress in families that are putting girls and women at a disadvantage. Many have been cut off from essential sexual and reproductive health services and social networks.

Women and girls stand to benefit in unique ways from safe, reliable, sustainable sanitation, and hygiene. This will free up more of their time for education and employment, reduce their

vulnerability to gender-based violence, provide dignity, and increase their voice and participation in economic empowerment.

We celebrated the Menstrual Hygiene Day at Motherland in Eastligh Area.

The slum has over 100 Girls who are mostly school drop outs, some are school going and also quite a Number of them are Young Mothers.

We reached out to 50 Girls only who we worked with on May and for this Month we decided to combine second and Third Edition..

Who took part?

The whole event was initiated and spearheaded by Nipe Tabasamu Nipe Upendo (NPNU) Initiative.

All members present were 23 in number as per the above sign list.

RESOURCE BREAK-DOWN

Financial Summary

All donated funds were channeled to the NPNU specified accounts. Upon consolidation of the funds, we had a total of Ksh 7,690(Balance from the Account. Here is a summary of how the funds were used.

Material	Cost (Ksh)
Sanitary Towels 100 pcs	5,000
Juice 5 Litters	600
Biscuits 2 Boxes	400
2 Packets of Sweets	200
Transport from Town to Eastligh	400
Hall	500
TOTAL	7,100

The Balance (7,690) remaining is to be used to the Pads for slums second and third edition

Donations

- We received Donations in Monetary form as above from Members, Family and Friends.

SUMMARY

Activities

The session started with a word of prayer from Mercy.

This time round we were more familiar with the girls as we had meet them previously.

We therefore divided the girls into different groups according to their ages and also the youg mothers had their own group.

We had group Sessions and we gave the girls the platform to air out the challenges they go through as we help them come up with solutions.

We proceeded and shared snacks with the girls.

Later on, we had a photo session as we distributed the sanitary Towels to the Girls.

A special thanks to:

Tabasamu Family.

Report Prepared by Mercy Mwende
(NPNU)



PICTORIALS

